

Your *Secret* Name

Discovering Who God Created you to Be

The Name Change

(With Insights from Mark 5:1-15)

Personal Version

Based on *Your Secret Name* by Kary Oberbrunner, published by [Zondervan](#), available here via [Amazon](#) (ISBN: 978-0310285465). More info www.yoursecretname.com

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**Please remember, this document is “fast-tracked” and isn’t a fit for everyone. We don’t want to rush or hurry the Holy Spirit’s work. Yet we understand that some people are in need of specific intervention like this process and we humbly join God in His work.*

**Our view is that many people believe two lies – one about themselves and one about their Father.*

Through Scripture and prayer this Name Change process seeks to dispel both those lies, and replace them with two truths –Your Secret Name and God’s Secret Name.

STEP ONE: GIVE YOUR LIFE TO CHRIST.

“Have you ever given your life to Jesus Christ? In other words, have you acknowledged that you are a sinner, asked God for forgiveness of that sin, and placed your faith in Jesus Christ’s finished work on the cross in order to receive salvation and the new life that He offers?”

- If your answer is YES then continue to Step Two.
- If the answer is NO then take this time to accept Christ’s into your heart. If necessary, find someone who is willing to pray with you and talk you through any struggles or questions you may be having.

STEP TWO: REPENT OF YOUR GIVEN NAMES.

“Jesus promises to give us life and life to the full (John 10:10). On the other hand, Satan wants to steal, kill, and destroy us. One of the ways he tries to do this is to make us believe that our identity is according to our old names. (He is the Father of Lies after all.) The Bible says that any person who is in Christ is a new creation, the old things (names) have passed away and new things (name) has come.”

- **Identify the name(s) that Satan is using to hold you down**
What names have been coming into your head the last couple weeks? Spend some time alone writing down the names that come to mind. It is important to identify these names so that you can pinpoint the weapons the enemy is using against you.
- **Explain your Given Names.**
What is your earliest memory of this name? Think about the circumstance surrounding the time this name was spoken to you and what caused you to believe it to be true. Every name has a story and every story has a wound. Write down the story surrounding your wound.
- **Repent of your belief in these Names.**
No matter the circumstances surrounding your Given Names, they are not the truth about who you are in Christ. God sees none of His children as failures, dirty or undesirable. You are loved by Him and co-heirs with Christ of the kingdom of God. Take some time to pray through each Given Name and repent of believing it.

You were taught, with regard to your former way of life, to put off your old self (name), which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self (name), created to be like God in true righteousness and holiness. Ephesians 4:22-24

Sample Prayer: Father, I confess that I have chosen to believe that my name is _____ . I repent Father and now turn from believing this lie.

STEP THREE: RENOUNCE YOUR GIVEN NAMES.

Renounce means to refuse to follow, obey, or organize any further. Do you refuse to recognize and follow the Given Name(s) that have been given to you and the demonic spirits behind them?

- **Bring the power of Christ into your wounds.**

Ask Jesus to come into this situation where you first received this name and wound. Ask God to speak His truth into your wounds. Remember that God is not full of condemnation, but rather love and grace. Pray that the blood of Christ would be poured over you and accept His healing for you.

Sample Prayer: I renounce the lie that I my name is _____. I refuse to recognize it in my life any longer and reject the power that it had over me.

STEP FOUR: DEMOLISH YOUR GIVEN NAMES.

2 Corinthians 10:4-6 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete.

Sample Prayer: In the name of Jesus, I erase, break, and bind the power, schemes, and attacks of the enemy regarding this name. In the name of Jesus and by the power of the Holy Spirit, I break the curse of _____ and all its effects in my life, and I declare that the name of _____ has no right or place in my life.
(Take time to pray through each name)

STEP FIVE: ASK GOD FOR YOUR SECRET NAME.

The Bible says that if you believe in Christ, you are an overcomer. Jesus has a new name for you and wants to give that name to you. (Revelation 2:17) Spend some time in prayer honestly engaging God and asking Him to reveal your true identity - your Secret Name.

Sample Prayer: Jesus I know that you have a new name for me. You don't see me for the old names that I've believed. I ask you to reveal to me what my Secret Name is, the name that You gave to me.

STEP SIX: DISCOVER GOD’S SECRET NAME.

When we discover our own Secret Name, something odd takes place; we actually end up discovering one of God’s Secret Names. The Scriptures often demonstrate God’s people naming His unique attributes after *experiencing* His unique attributes.

- **Hagar**, the mother of Ishmael, upon realizing that God understood her unique situation, gave God the Name EL ROI. “She gave this name to the LORD who spoke to her: “You are the God who sees me,” for she said, “I have now seen the One who sees me,” (Genesis 16:13).
- **Abraham**, the father of the nation of Israel, upon finding the ram which God provided, gave God the Name JEHOVAH JIREH, the LORD will provide. (Genesis 22:14)
- **Moses**, the deliverer of Israel, upon experiencing victory over the Amalek, gave God the Name JEHOVAH NISSI, the LORD is my banner. (Exodus 17:15).
- **David**, the king of Israel, upon experiencing safety through the valley of the shadow of death, gave God the Name JEHOVAH RAAH, the LORD is my Shepherd. (Psalm 23:1)
- **Kary**, upon experiencing freedom from his Given Name, gave God the Name EL DEROR, the God who liberates. (Isaiah 61:1) Kary’s Secret Name for God reflects the specific way in which he experienced God’s healing. EL DEROR liberated him from his Given Name ENSLAVED and gave him his Secret Name FREE.

Sample Prayer: Father you’ve healed me from my Given Name of _____. I ask you to now reveal yourself to me in a unique way. Please reveal to me my Secret name for you.

STEP SEVEN: WALKING IN YOUR NEW NAME.

Ephesians 4:22-24 tells us we must no longer walk according to our old name, but rather in light of our new name. While seeing ourselves through the eyes of God for the first time is a powerful experience, it is the first step in a new journey. Often times, as a result of receiving our Secret Name, God places a new calling on our lives. Over the next several days, spend time in prayer asking God about the calling on your life.

Sample Prayer: Father, you have shown me who you created me to be and have allowed me to see a glimpse of myself through your eyes. I pray now that you will show me how I am to further your kingdom in light of my true identity.